

Self Esteem and Violence Prevention Workshop for Girls

Chrysalis...

Is a 10-session violence prevention workshop for girls to help them understand different types of violence and the roots of violence. The program also includes a mock trial for date rape.

Topics include:

- Self Esteem
- Women's Issues
- Dealing with anger
- Bullying
- Self Destruction
- Drugs and Alcohol
- Domestic Violence
- Sexual Harassment
- Sexual Assault

Who should attend:

Teen girls interested in learning about themselves and building healthy friendships and relationships.

**To reserve your space or for more information call Ashley at
209-223-2897.**



Chrysalis Group

**10 weekly sessions
held at**

**Operation Care
621 New York Ranch Road
Jackson, CA**

Call for dates and times.



Sexual Assault & Domestic Violence Support Services

Since 1980

621 New York Ranch Road
Jackson, CA 95642
Phone: 209-223-2897
Fax: 209-223-2987
24-Hour Crisis Line: 209-223-2600
Toll free: 800-675-3392